

KRIYA SHARIR DEPARTMENT INFORMATION

INTRODUCTION:

Kriya sharir is the science which deals with the study of human body in relation to its Physiological norms i.e. functioning of Human body in its normal state.

This department is equivalent to physiology and biochemistry of the contemporary medical science.

It emphasizes the concepts of **Dosha, Dhātu and Malas**. It also deals with the concept of **Mana** (mind) and **Ātma** (soul) which is equivalent to study of Psychology.

Agni (Digestive fire) is vast concept which is related to maintain normal functioning of body which is studied in this subject; it is also helpful to diagnose the patients in its abnormal condition.

According to Ayurveda every individual is unique entity and for knowing this uniqueness of every individuals that is the analysis of body and mind is the speciality of this subject.

If one understands the normal processes of body i.e. Kriya Sharir, it is easy to understand Ayurvedic pathological & pharmacological changes and further Ayurvedic medicine.

The students of first year (UG) are introduced to this subject through theoretical lecture along with practical experiences.

After completing HSC examination and clearing NEET students are conscious and a bit confused before coming to Ayurveda field as it is having a different platform of philosophies and thought processes. There comes the role of Sharir Kriya faculties to make students familiar with Ayurvedic concepts and terminologies in scientific and practical way by explaining Shlokas the main form of Samhita with references.

The department has a fully-fledged practical hall and laboratory for haematological, biochemical experiments, besides having another wing exclusively dedicated for human experiments. Students are encouraged self-study and presentation modes.

VISION:

Creating a diverse and stimulating intellectual environment that ensures a transformational impact in learning, innovating and discovering new knowledge from ancient concepts thus serving the humanity.

MISSION:

To enable the students to become the world's leading Ayurvedic professionals and scientific minds faculties.

DEPARTMENTAL FEATURES:

- Computer and Internet facility.
- Library and reading room.
- Well-equipped laboratory and museum (Models-32, Specimens-27, charts-71)
- Books -72

SPECIALTIES:

The department is fully equipped with latest equipment and instruments.

Models of various systems and charts are displayed for better visualization

Departmental library is well maintained with more than 72 books.

All the other apparatus like Sphygmomanometer, E.C.G. machine, Centrifugal machine etc are maintained for teaching.

The department has its own laboratory where different tests are performed like TLC, DLC, Bleeding time, Clotting time, Hb%, Blood group etc.

SPECIAL ACTIVITIES OF THE DEPARTMENT:

Departmental projects:

- Charts prepared by students: 44
- Models: 17
- Guest lecture by Dean R.A. Poddar Ayurvedic medical college on 13/10/2023 on topic **“Dhatuposhan nyay”**
- Many YouTube video on education topics like Cardiac cycle, Shatkriyakala etc. uploaded on college YouTube channel.